

**2<sup>nd</sup> Multidisciplinary International Musculoskeletal Pain Congress cum  
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**Regina Sit**

*Associate Professor*

*Division of Family Medicine and Primary Health Care*

*The Chinese University of Hong Kong*

*Hong Kong*

Regina Sit is the Associate professor of Practice in Family Medicine, the Chinese University of Hong Kong. She obtained her MBBS degree from the University of Hong Kong and became a Family Medicine Specialist since 2011. In addition to her specialist training, she develops her special skills in pain management and is a Certified Interventional Pain Sonologist by the World Institute of Pain. Regina obtained her Doctor of Medicine research degree in 2020. Regina is a clinician-scientist with her clinical and research work focus on chronic musculoskeletal pain in primary care. She has a strong publication track records and her studies have been published in top-tier Primary care journals, Pain journals and Orthopaedic journals, such as Annals of Family Medicine, British Journal of General Practice, Pain, and Osteoarthritis and Cartilage. Her contributions to osteoarthritis research resulted in appointment to the Lancet Commissioner on Osteoarthritis in August 2020 as a content expert speaking for primary care physicians in the Asia region. Currently, she is the director of the “CUHK-Jockey Club Confront Pain with Ease Project” and is leading an interdisciplinary team for chronic pain management in primary care.

薛詠珊是香港中文大學家庭醫學專業應用副教授。薛醫生於香港大學獲得內外全科醫學學士學位，並在 2011 年成為家庭醫學專科醫生。除專科訓練外，她同時鑽研痛症管理，亦是世界疼痛醫學會認證的介入性疼痛超音波學家。薛醫生於 2020 年獲得醫學博士學位。兼任醫生及研究人員兩職，薛醫生的臨床經驗及研究重心主要為基層醫療領域內慢性痛症的治療及管理。薛醫生在學術出版上擁有驕人成績；她所參與的研究被刊登於頂尖的基層醫療，痛症，及骨科期刊，包括《英國全科醫學雜誌》，《疼痛》，《家庭醫學年鑑》及《骨關節炎與軟骨》等。因薛醫生在骨關節炎研究上的貢獻，她於 2020 年八月以亞洲地區基層醫療專家身份獲選為《刺針》醫學期刊骨關節炎委員會專家小組成員之一。薛醫生目前為香港中文大學賽馬會痛「正」能量計劃的計劃總監，帶領跨學科團隊探討基層醫療範疇內的慢性痛症管理。